

# Free Infant Massage Workshop



*“Infant Massage is amazing and a whole new level of relationship with my child.” Julie - Infant Massage participant*

**When:** Every Thursday from September 21, 2023 – October 19, 2023

**Where:** In person at CUPS Family Development Centre (1001 10 Avenue SW)

**Time:** 10:00am – 12:00pm

**Who Should Attend:** Caregivers with an infant between birth and 11 months old

**Childcare for siblings will be provided.**

A certificate of completion will be provided once all 5 sessions have been completed.

For more information or to register, please contact  
[carecoordination@cupscalgary.com](mailto:carecoordination@cupscalgary.com) or call  
(403) 221-8780 extension #4.

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