



CUPS
resilience for life

Circle of Security

Parenting Program



ALWAYS BE: BIGGER, STRONGER, WISER & KIND.
WHENEVER POSSIBLE: FOLLOW MY CHILD'S NEED.
WHENEVER NECESSARY: TAKE CHARGE.



©2016 Cooper, Hoffman, & Powell
www.circleofsecurity.net

This attachment building program is offered over **8 weeks**.

Location: **IN PERSON**

Dates: Wednesdays

(September 20th – November 9th, 2023)

Times: 10:00am - 12:00pm

Cost: FREE

Who should attend: Any caregiver with a child age 0-6 years old

How to register: Please email FDC@cupscalgary.com to register.

‘Certificates of Completion’
will be given after completing **all 8** sessions.